

**Slipstream Track & Field Club**  
**Northeast Tennessee/Southwest Virginia**

**Relay Top Marks**

Number of Top Times: All AG

	Time	Convert	Rnd	Relay			
<b>Girls Bantam 4x400m Relay</b>							
1	6:05.07		F	A Relay SLIPSTREAM	7/9/1998	1998 AAU Region 3 Track & Field	
		Jennifer Rose (10)				Michelle Broyles (10)	Amber Fields (9)
2	6:10.80		F	A Relay SLIPSTREAM	6/26/1998	1998 AAU Southeastern Association	
		Amber Fields (9)				Meredith Fox (9)	Elizabeth Denton (8)
3	6:26.50		F	A Relay SLIPSTREAM	6/28/1996	1996 AAU Southeastern Association	
		Jaime E. Bray (9)				Courtnie McKinney (9)	Sondra Hinman (10)
<b>Girls Midget 2 4x800m Relay</b>							
1	12:42.49		F	A Relay SLIPSTREAM	6/29/2007	2007 AAU Southeastern District	
		Hannah Rhodes (12)				Alexa P. Zimmerman (11)	Taylor Bedard (12)
2	13:04.85		F	A Relay SLIPSTREAM	7/28/2007	2007 AAU Junior Olympic Games	
		Alexa P. Zimmerman (11)				Gabi Vella (12)	Taylor Bedard (11)
<b>Girls Midget 4x100m Relay</b>							
1	59.40		F	A Relay SLIPSTREAM	6/24/1994	1994 Tennessee State Sportsfest	
		Allison Dykes (11)				Bethany L. Williams (10)	Meg E. Williams (12)
2	1:00.30		F	A Relay SLIPSTREAM	6/10/1994	1994 Tennessee Regional Sportsfest	
		Allison Dykes (11)				Bethany L. Williams (10)	Meg E. Williams (12)
<b>Girls Midget 4x400m Relay</b>							
1	4:55.12		F	A Relay SLIPSTREAM	6/22/2001	2001 AAU Southeastern Association	
2	4:55.18		P	A Relay SLIPSTREAM	7/5/2001	2001 AAU Region 3 Track & Field Meet	
<b>Girls Midget 4x800m Relay</b>							
1	13:59.23		F	A Relay SLIPSTREAM	6/28/1996	1996 AAU Southeastern Association	
		Jessica Thompson (10)				Emma R. Moran (11)	Courtney Shaw (10)
2	14:21.74		F	A Relay SLIPSTREAM	7/12/1996	1996 AAU Region 3 Track & Field	
		Jessica Thompson (10)				Sarah Richardson (11)	Lori Fleenor (11)
<b>Girls Youth 2 4x100m Relay</b>							
1	54.24		F	A Relay SLIPSTREAM	6/26/1998	1998 AAU Southeastern Association	
		Donielle Duff (13)				Brittney Arnold (13)	Sarah Richardson (13)
2	54.46		F	A Relay SLIPSTREAM	6/20/2003	2003 Southeastern Association AAU	
		Emma K. Bowers (13)				Alisha S. Clayton (14)	Shante Delaney (13)
3	55.91		P	A Relay SLIPSTREAM	7/9/1998	1998 AAU Region 3 Track & Field	
		Donielle Duff (13)				Brittney Arnold (13)	Sarah Richardson (13)
4	58.67		F	A Relay SLIPSTREAM	6/28/1996	1996 AAU Southeastern Association	
		Meg E. Williams (14)				Allison Dykes (13)	Christy Thompson (13)
5	1:00.07		P	A Relay SLIPSTREAM	6/26/2003	2003 AAU Region III T&F Championships	
		Emma K. Bowers (13)				Shante Delaney (13)	Hannah R. Bowers (13)
<b>Girls Youth 2 4x400m Relay</b>							
1	4:21.40		F	B Relay SLIPSTREAM	6/25/2004	2004 AAU Southeastern Association	
		Lauren B. Hubbard (14)				Emma K. Bowers (14)	Hannah R. Bowers (14)
2	4:26.34		F	B Relay SLIPSTREAM	7/8/2004	2004 AAU Region 3A Track & Field Meet	
		Emma K. Bowers (14)				Rachel H. Bowers (13)	Hannah R. Bowers (14)
3	4:48.47		F	A Relay SLIPSTREAM	6/28/1996	1996 AAU Southeastern Association	
		Christy Thompson (13)				Meg E. Williams (14)	Rebecca Dixon (13)

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Time	Convert	Rnd	Relay			
4	4:49.57	F	A Relay SLIPSTREAM	6/26/1998	1998 AAU Southeastern Association	
	Donielle Duff (13)		Chelsea Keith (14)		Brittney Arnold (13)	Jessica Roller (13)
5	5:03.87	P	A Relay SLIPSTREAM	7/26/2008	2008 AAU Junior Olympic Games	
	Molly Smith (13)		Hannah Rhodes (12)		Summer Jackson (13)	Kylie Russell (13)
6	5:05.52	F	A Relay SLIPSTREAM	6/27/2008	2008 AAU Southeastern District	
	Molly Smith (13)		Gracie Cross (14)		Katelynn Greene (13)	Gabi Vella (13)
7	5:36.69	F	B Relay SLIPSTREAM	6/28/1996	1996 AAU Southeastern Association	
	Robin E. McCarley (13)		April R. McCarley (13)		Allison Dykes (13)	Rebecca A. Fleenor (13)
<b>Girls Youth 2 4x800m Relay</b>						
1	10:45.89	F	A Relay SLIPSTREAM	7/26/2008	2008 AAU Junior Olympic Games	
	Mary Kate Ontaneda (14)		Molly Smith (13)		Kylie Russell (13)	Hannah Rhodes (12)
2	10:51.37	F	A Relay SLIPSTREAM	7/23/2003	2003 AAU Junior Olympic Games	
	Shante Delaney (13)		Emma K. Bowers (13)		Hannah R. Bowers (13)	Alisha S. Clayton (13)
3	11:08.41	F	A Relay SLIPSTREAM	7/8/2004	2004 AAU Region 3A Track & Field Meet	
	Rachel H. Bowers (13)		Jorie E. Sullivan (13)		Ashley A. Friedrichs (14)	Lauren B. Hubbard (14)
4	11:13.50	F	A Relay SLIPSTREAM	6/26/2003	2003 AAU Region III T&F Championships	
	Emma K. Bowers (13)		Hannah R. Bowers (13)		Alisha S. Clayton (14)	Shante Delaney (13)
5	11:27.75	F	A Relay SLIPSTREAM	7/31/2004	2004 AAU Junior Olympic Games	
	Jorie E. Sullivan (13)		Keshia S. Phillips (14)		Ashley A. Friedrichs (13)	Lauren B. Hubbard (13)
6	11:30.00	F	A Relay SLIPSTREAM	7/12/2002	2002 AAU Southeastern Association	
	Traci Jones (12)		Casey B. Whitman (14)		Amy Skelton (14)	Ashton B. Bishop (13)
7	11:32.94	F	A Relay SLIPSTREAM	6/27/2008	2008 AAU Southeastern District	
	Molly Smith (13)		Mary Kate Ontaneda (14)		Hannah Rhodes (13)	Kylie Russell (13)
8	11:41.23	F	A Relay SLIPSTREAM	6/25/2004	2004 AAU Southeastern Association	
	Rachel H. Bowers (13)		Jorie E. Sullivan (13)		Ashley A. Friedrichs (14)	Lauren B. Hubbard (14)
9	12:12.15	F	A Relay SLIPSTREAM	6/20/2003	2003 Southeastern Association AAU	
	Emma K. Bowers (13)		Hannah R. Bowers (13)		Alisha S. Clayton (14)	Shante Delaney (13)
10	12:21.11	F	A Relay SLIPSTREAM	8/1/1998	1998 AAU Junior Olympic Games	
	Kristin Broyles (13)		Donielle Duff (13)		Katie Campbell (14)	Sarah Richardson (13)
11	12:25.15	F	A Relay SLIPSTREAM	7/6/2000	2000 AAU Region 3 Track & Field	
	Haley M. Williams (12)		Brittany Vogt (14)		Jacklyn Talbert (13)	Jessica Arnold (12)
12	12:39.76	F	A Relay SLIPSTREAM	7/9/1998	1998 AAU Region 3 Track & Field	
	Kristin Broyles (13)		Sarah Richardson (13)		Katie Campbell (13)	Sarah Culp (13)
13	12:47.63	F	A Relay SLIPSTREAM	6/23/2000	2000 AAU Southeastern Association	
	Haley M. Williams (12)		Brittany Vogt (14)		Jessica Arnold (12)	Jacklyn Talbert (13)
14	13:14.09	F	A Relay SLIPSTREAM	6/28/1996	1996 AAU Southeastern Association	
	Robin E. McCarley (13)		Rhonda M. Hinman (12)		Bethany L. Williams (12)	Meg E. Williams (14)
15	13:28.59	F	A Relay SLIPSTREAM	7/12/1996	1996 AAU Region 3 Track & Field	
	Robin E. McCarley (13)		Christy Thompson (13)		April R. McCarley (13)	Rhonda M. Hinman (12)
16	13:49.76	F	A Relay SLIPSTREAM	6/26/1998	1998 AAU Southeastern Association	
	Kristin Broyles (13)		Allyson Ford (14)		Sarah Richardson (13)	Sarah Culp (13)
<b>Girls Youth 4x800m Relay</b>						
1*	8:54.83	F	A Relay SLIPSTREAM	6/20/2009	2009 Slipstream Track & Field Championships	
	Brittanie Hubbard (12)				Alexa P. Zimmerman (13)	Hannah Rhodes (13)
1*	8:54.83	F	A Relay SLIPSTREAM	6/20/2009	2009 Slipstream Track & Field Championships	
	Brittanie Hubbard (12)		Taylor Slaughter (13)		Alexa P. Zimmerman (13)	Hannah Rhodes (13)

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**Relay Top Marks**

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Time	Convert	Rnd	Relay					
<b>Girls Intermediate 4x100m Relay</b>								
1	51.65	F	A Relay SLIPSTREAM	7/6/2000	2000 AAU Region 3 Track & Field			
			Jessica Roller (15)		McKenzie E. Sharpe (15)	Donielle Duff (15) Candace Johnson (15)		
2	51.93	F	A Relay SLIPSTREAM	6/23/2000	2000 AAU Southeastern Association			
			Donielle Duff (15)		Jessica Roller (15)	McKenzie E. Sharpe (15) Douglas Haas (14)		
3	53.93	F	A Relay SLIPSTREAM	6/26/1998	1998 AAU Southeastern Association			
			Allison Dykes (15)		Beth Grunewald (15)	Skyv Collie (14) Jessica Bradley (14)		
4	55.75	F	A Relay SLIPSTREAM	6/29/2007	2007 AAU Southeastern District			
			Lexie Burley (15)		Emilee Ketron (16)	Brianna N. Hill (16) Edith V. Hill (16)		
<b>Girls Intermediate 4x400m Relay</b>								
1	4:14.92	F	A Relay SLIPSTREAM	6/23/2006	2006 AAU Southeastern District			
			Emma K. Bowers (16)		Hannah R. Bowers (16)	Rachel H. Bowers (15) Stephanie E. Howington (16)		
2	4:15.26	F	A Relay SLIPSTREAM	6/28/2005	2005 USATF Youth Nationals			
			Stephanie E. Howington (14)		Emma K. Bowers (15)	Hannah R. Bowers (15) Ashton B. Bishop (16)		
3	4:22.16	F	A Relay SLIPSTREAM	7/6/2000	2000 AAU Region 3 Track & Field			
			Katie Campbell (15)		Donielle Duff (15)	Brittney Arnold (15) Jessica Roller (15)		
4	4:24.87	F	A Relay SLIPSTREAM	6/23/2000	2000 AAU Southeastern Association			
			Elizabeth Flynn-Buggs (15)		Jessica Roller (15)	Katie Campbell (15) Brittney Arnold (15)		
5	4:34.17	F	A Relay SLIPSTREAM	7/9/1998	1998 AAU Region 3 Track & Field			
			Caitlin St Louis (15)		Erika Persinger (15)	Mallorie Williams (15) Cretia Collie (16)		
6	4:36.66	F	A Relay SLIPSTREAM	7/9/1993	1993 AAU Southeastern Association			
			Ashley J. Gibson (15)		Tracy Watson (16)	Kellie Branch (15) Beth Roark (15)		
7	4:40.40	F	A Relay SLIPSTREAM	7/7/1994	1994 AAU Region 3 Track & Field			
			Megan Blair (15)		Amelia Blevins (15)	Mitzi Carr (14) Katie Dickerson (15)		
8	4:46.89	F	A Relay SLIPSTREAM	6/26/1998	1998 AAU Southeastern Association			
			Mallorie Williams (15)		Caitlin St Louis (15)	Allison Dykes (15) Skyv Collie (14)		
<b>Girls Intermediate 4x800m Relay</b>								
1	10:12.47	F	A Relay SLIPSTREAM	8/1/1993	1993 AAU Junior Olympic Games			
			Ashley J. Gibson (15)		Elizabeth Pendleton (16)	Tracy Watson (16) Kellie Branch (15)		
2	10:38.09	F	A Relay SLIPSTREAM	6/16/1994	1994 AAU Southeastern Association			
			Megan Blair (15)		Mitzi Carr (14)	Katy Karter (15) Emily J. Campbell (14)		
3	10:58.62	F	A Relay SLIPSTREAM	7/9/1993	1993 AAU Southeastern Association			
			Tracy Watson (16)		Rachel Snyder (15)	Ashley J. Gibson (15) Kellie Branch (15)		
4	11:07.94	F	A Relay SLIPSTREAM	8/1/2000	2000 AAU Junior Olympic Games			
			Kristin Broyles (15)		Donielle Duff (15)	McKenzie E. Sharpe (15) Bobbie Neal (16)		
5	11:10.21	F	A Relay SLIPSTREAM	7/5/2001	2001 AAU Region 3 Track & Field Meet			
			6	11:18.13	F	A Relay SLIPSTREAM	7/6/2000	2000 AAU Region 3 Track & Field
			Kristin Broyles (15)		Haley Whitson (15)	Bobbie Neal (16) McKenzie E. Sharpe (15)		
7	11:18.50	F	A Relay SLIPSTREAM	7/29/1994	1994 AAU Junior Olympic Games			
			Megan Blair (15)		Mitzi Carr (14)	Amelia Blevins (15) Ashley Debord (15)		
8	11:19.53	F	A Relay SLIPSTREAM	6/22/2001	2001 AAU Southeastern Association			
			9	11:21.29	F	A Relay SLIPSTREAM	6/23/2000	2000 AAU Southeastern Association
			Elizabeth Flynn-Buggs (15)		Haley Whitson (15)	Kristin Broyles (15) Bobbie Neal (16)		
10	11:22.71	F	A Relay SLIPSTREAM	6/29/2007	2007 AAU Southeastern District			
			Kayla E. Kuziola (15)		Emilee Ketron (16)	Edith V. Hill (16) Kendra L. Sokol (16)		
11	11:43.52	F	A Relay SLIPSTREAM	8/1/1999	1999 AAU Junior Olympic Games			
			Elizabeth Flynn-Buggs (14)		Mallorie Williams (16)	Whitney Hughes (16) Jenny Knopp (15)		
12	11:55.99	F	A Relay SLIPSTREAM	8/1/1998	1998 AAU Junior Olympic Games			
			Skyv Collie (14)		Mallorie Williams (15)	Caitlin St Louis (16)		

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**Relay Top Marks**

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	Time	Convert	Rnd	Relay		
13	12:00.45		F	A Relay SLIPSTREAM	7/9/1998	1998 AAU Region 3 Track & Field
				Caitlin St Louis (15)		Mallorie Williams (15)
						Skyv Collie (14)
						Erika Persinger (15)
14	12:04.23		F	A Relay SLIPSTREAM	8/3/2002	2002 AAU Junior Olympic Games
				Crystal L. Newland (16)		Haley M. Williams (14)
						Tina M. Dalton (15)
						Valnessha Redd (15)
15	12:12.97		F	A Relay SLIPSTREAM	7/12/2002	2002 AAU Southeastern Association
				Emily E. Felty (15)		Haley M. Williams (14)
						Brittany Vogt (16)
						Crystal L. Newland (16)
16	12:21.58		F	A Relay SLIPSTREAM	7/8/1999	1999 AAU Region 3 Track & Field
				Brittney Arnold (14)		Crystal Cochran (15)
						Elizabeth Flynn-Buggs (14)
						Whitney Hughes (16)
17	12:24.27		F	A Relay SLIPSTREAM	6/26/1998	1998 AAU Southeastern Association
				Mallorie Williams (15)		Caitlin St Louis (15)
						Skyv Collie (14)
						Jessica Bradley (14)
18	12:35.14		F	A Relay SLIPSTREAM	7/28/2007	2007 AAU Junior Olympic Games
				Kavla E. Kuziola (15)		Amanda Loughlin (15)
						Brianna N. Hill (15)
						Rachael Wright (14)
19	13:40.57		F	A Relay SLIPSTREAM	6/25/1999	1999 AAU Southeastern Association
				Mallorie Williams (16)		Jenny Knopp (15)
						Bobbie Neal (15)
						Whitney Hughes (16)

**Girls Young 4x400m Relay**

1	4:05.35		F	A Relay SLIPSTREAM	8/1/2001	2001 AAU Junior Olympic Games
				Rebecca Dixon (18)		McKenzie E. Sharpe (16)
						Mallorie Williams (18)
						Katie Campbell (17)
2	4:08.33		F	A Relay SLIPSTREAM	7/5/2001	2001 AAU Region 3 Track & Field Meet
				McKenzie E. Sharpe (16)		Rebecca Dixon (18)
						Mallorie Williams (18)
						Katie Campbell (16)
3	4:13.45		F	A Relay SLIPSTREAM	6/23/2000	2000 AAU Southeastern Association
				Tina Cantrell (16)		Caitlin St Louis (17)
						Makeya Miller (16)
						Mallorie Williams (17)
4	4:16.69		F	A Relay SLIPSTREAM	7/6/2000	2000 AAU Region 3 Track & Field
				Makeya Miller (16)		Kristina Kayser (16)
						Tina Cantrell (16)
						Mallorie Williams (17)
5	4:17.91		F	A Relay SLIPSTREAM	6/16/1995	1995 AAU Southeastern Association
				Beth Roark (17)		Tara Netherland (17)
						Katy Karter (16)
						Natasha Claxton (17)
6	4:20.76		F	A Relay SLIPSTREAM	6/26/1998	1998 AAU Southeastern Association
				Karen Breeding (18)		Holly Sansom (16)
						Kristen Shipley (17)
						Kristin Rosenbaum (17)
7	4:21.02		F	A Relay SLIPSTREAM	6/22/2001	2001 AAU Southeastern Association
				8	4:21.39	
						A Relay SLIPSTREAM
						7/9/1998
						1998 AAU Region 3 Track & Field
						Cyndi Troutman (17)
						Kristin Rosenbaum (17)
9	4:22.60		F	A Relay SLIPSTREAM	7/7/1994	1994 AAU Region 3 Track & Field
				Melissa Griswold (17)		Kreshanna M. Melton (17)
						Heather Duncan (16)
						Analiene D. Grace (17)
10	4:32.14		F	A Relay SLIPSTREAM	7/12/2002	2002 AAU Southeastern Association
				Bobbie Neal (18)		McKenzie E. Sharpe (17)
						Sylvia A. Whitman (17)
						Vanessa Gibson (18)
11	4:41.18		F	A Relay SLIPSTREAM	8/1/1993	1993 AAU Junior Olympic Games
				Heather K. Bryson (17)		Rachel Morley (18)
						Alexia Schmiedt (17)
12	4:42.72		F	A Relay SLIPSTREAM	7/9/1993	1993 AAU Southeastern Association
				Heather Newman (18)		Alexia Schmiedt (17)
						Heather K. Bryson (16)
						Rachel Morley (18)

**Girls Young 4x800m Relay**

1	10:16.91		F	A Relay SLIPSTREAM	8/1/2001	2001 AAU Junior Olympic Games
				Rebecca Dixon (18)		Liz Poremsky (17)
						Mallorie Williams (18)
						Katie Campbell (17)
2	10:38.64		F	A Relay SLIPSTREAM	8/1/1995	1995 AAU Junior Olympic Games
				Megan Blair (16)		Tara Netherland (17)
						Beth Roark (18)
						Natasha Claxton (17)
3	10:39.32		F	A Relay SLIPSTREAM	8/3/2002	2002 AAU Junior Olympic Games
				Sylvia A. Whitman (17)		Vanessa Gibson (18)
						McKenzie E. Sharpe (17)
						Katie L. Williams (16)
4	10:41.19		F	A Relay SLIPSTREAM	7/12/2002	2002 AAU Southeastern Association
				Sylvia A. Whitman (17)		McKenzie E. Sharpe (17)
						Vanessa Gibson (18)
						Katie L. Williams (16)
5	10:47.00		F	A Relay SLIPSTREAM	7/7/1994	1994 AAU Region 3 Track & Field
				Melissa Griswold (17)		Nita Proffitt (18)
						Kreshanna M. Melton (17)
						Analiene D. Grace (17)

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**Relay Top Marks**

Number of Top Times: All AG

Time	Convert	Rnd	Relay			
6	10:49.20	F	A Relay SLIPSTREAM	7/29/1994	1994 AAU Junior Olympic Games	
	Heather Duncan (16)		Nita Profitt (18)		Kreshanna M. Melton (17)	Analiene D. Grace (17)
7	10:58.06	F	A Relay SLIPSTREAM	6/16/1995	1995 AAU Southeastern Association	
	Tara Netherland (17)		Beth Roark (17)		Megan Blair (16)	Natasha Claxton (17)
8	10:58.51	F	A Relay SLIPSTREAM	6/16/1994	1994 AAU Southeastern Association	
	Melissa Griswold (17)		Nita Profitt (18)		Kreshanna M. Melton (17)	Analiene D. Grace (17)
9	11:07.45	F	A Relay SLIPSTREAM	8/1/2000	2000 AAU Junior Olympic Games	
	Caitlin St Louis (18)		Tina Cantrell (16)		Liz Poremsky (16)	Mallorie Williams (17)
10	11:14.64	F	A Relay SLIPSTREAM	8/1/1999	1999 AAU Junior Olympic Games	
	Caitlin St Louis (17)		Talayna Fortunato (18)		Erika Persinger (16)	Holly Sansom (17)
11	11:17.73	F	A Relay SLIPSTREAM	7/5/2001	2001 AAU Region 3 Track & Field Meet	
	Liz Poremsky (17)		Mallorie Williams (18)		McKenzie E. Sharpe (16)	Bobbie Neal (17)
12	11:19.37	F	A Relay SLIPSTREAM	6/22/2001	2001 AAU Southeastern Association	
13	11:28.50	F	A Relay SLIPSTREAM	7/6/2000	2000 AAU Region 3 Track & Field	
	Jessica Lott (16)		Erika Persinger (17)		Tina Cantrell (16)	Mallorie Williams (17)
14	11:31.92	F	A Relay SLIPSTREAM	6/23/2000	2000 AAU Southeastern Association	
	Tina Cantrell (16)		Erika Persinger (17)		Mallorie Williams (17)	Caitlin St Louis (17)
15	11:33.30	F	A Relay SLIPSTREAM	7/9/1993	1993 AAU Southeastern Association	
	Heather K. Bryson (16)		Heather Newman (18)		Alexia Schmiedt (17)	Rachel Morley (18)
16	11:38.92	F	A Relay SLIPSTREAM	7/8/1999	1999 AAU Region 3 Track & Field	
	Erika Persinger (16)		Holly Sansom (17)		Leah Exten (17)	Talayna Fortunato (18)
17	12:03.50	F	A Relay SLIPSTREAM	8/1/1993	1993 AAU Junior Olympic Games	
	Alexia Schmiedt (17)		Heather K. Bryson (17)		Rachel Morley (18)	Heather Newman (18)
18	12:36.61	F	A Relay SLIPSTREAM	6/25/1999	1999 AAU Southeastern Association	
	Renee Zeno (18)		Caitlin St Louis (16)		Holly Sansom (17)	Erika Persinger (16)